

24TH FEB 2023 | @ASHDONJAZZACADEMY |



Ash's big LazerTag win

A huge thanks to Jack Petchy for giving us some funds!

Ash was nominated for the Jack Petchy award and took us LazerTag.

A few words from Ash:

The day was amazing and we had a blast (pun intended). We were spit into two teams white and green. We started on the Jungle map.

We had a total of eight games, it started with two rounds of team shoot out. Then two rounds of VIP, VIP was a game where each team nominated one person to be the VIP. This was in the jungle map. We had a break, then we moved to the outpost map. On this map we play two games of capture the flag, and one game of 1v1, I tied first place with 14 kills! The finale game was our choice and we chose capture the flag. We ended the day with pizza!

Top news of the month



Our CEO Trisha featured on The One Show!

Family and friends came to the BBC to surprise her and she knew nothing about it!

We were able to give Trisha her much deserved flowers for all the love she has given out to her community.

Watch the full video on our website.



GO KARTING

The girls went go karting for a second time with OasisPlay.

They were given a introduction session about what the different flags mean, how to use the go Kart, and then they were off.



WOW - PROJECT

Thanks to Women of the World, we were able to make Terrariums. All the girls were able to pick out 3 plants each to place in their terrariums.

Many layers of soil, charcoal and rocks later, they left with beautiful terrariums to care for at home.



Galentines day half-term project

Valentines day - reinvented for empowerment and self-love ETC...

For the February halfterm our project workers ran a 'galentines day' session.

Valentines day reinvented for empowerment and self love. They spent some time painting and getting to know what self love is.

VISIT OUR WEBSITE FOR MORE INFORMATION.

Girls night



Every Wednesday from 4-7pm

14-16 Knights Hill, Norwood, London SE27 OHY

PHOTOS OF THE MONTH



Mentor of the month

Hilary has proved to be the perfect mentor. X is not easy to work with and without an understanding of the effects of trauma and autism they could be perceived as being rude, difficult, aloof and arrogant. Hilary has an excellent understanding of X needs. She has been patient, professional, compassionate and caring.

Hilary manages to see beyond X presenting behaviour to value the child within. She is able to give X a platform to express their ideas but she also knows exactly how to gently challenge X to consider other options or ideas.

Hilary is clearly committed and dedicated to X and she has been totally consistent with them communication and expectations.

Hilary's dedication has meant that slowly X has come to know that Hilary is someone that X can trust to be a meaningful, safe and dependable adult in their life.

X now looks forward to seeing Hilary and over time they have begun to be more open and vulnerable.

It has been a delight for Hilary to see X begin to relax in her presence, to begin to show some emotion and even to laugh.

As X carer I have been incredibly grateful for Hilary's support and I can totally relax when X is out with Hilary knowing that they are being exceptionally well cared for.

Few words from Hillary:

When I retired early in 2019 it was always my intention to undertake some sort of voluntary work, however, I wanted to find something that I could work one on one with someone and it took me a little time to find AJA. I have enjoyed being a part of something that makes a difference and the training has been invaluable.

What I like about AJA is that it works with a largely forgotten group, i.e. young ladies who for one reason or another need a little bit of support that is not available within mainstream service provision. The idea is simple, find girls who need support and then find women who have a bit of time to give on a regular basis to make a difference.

So many of these girls are in danger of slipping through the cracks or are simply perceived as being "naughty" without anyone bothering to look at why. Teenage girls nowadays are under constant pressure to be "cool" to wear the "right clothes" and hang out with the "right people". There is too much emphasis on these and that in itself seems to bring about a lack of self-confidence in so many of these girls and young women. As a middle-aged mother of 2 I have had a number of years experience of dealing with teenagers, mine have been challenging enough, and this has helped me to understand better the issues that my mentees face and adapt the experiences that I have had to help them deal with the circumstances that arise on a day to day basis.