

## Case Study

Name of Mentor	Hilary Quinn
Name of Mentee	KP
Mentoring Period	May 2022 -m
<b>CASE STUDY</b>	
<i>The mentoring journey so far..</i>	<p>KP is a 16-year-old girl who has been in the care system for the last 10 years. She is one of 7 children and sits roughly in the middle of the family group. At the beginning of our journey together she was very untrusting because she has been let down by various adults throughout her life, and she had very little expectation of people being kind to her. She has a great carer, and she and I work well together. This has meant that she is far more secure than when we both started our journey with her. KP had missed out on many of the experiences that most children have so to start with we went to museums and art galleries, Whitstable, the cinema, and the theatre. On several occasions she asked me “why have you brought me here” One of our first visits was to Chinatown and she discovered Chinese food. We have now settled into a routine whereby I collect her from school most Fridays and we head off together to have something to eat. This has the bonus that she is always more comfortable talking when she has something else to think about. In the time we have been working together KP has started to smile and laugh, take the mickey out of me, and has learned the art of a two-way conversation. She is now comfortable enough in my company to challenge me when she thinks I am wrong. With the support of her current foster carer and me KP has begun to see that there are many options available to her and is keen to go to university outside of London. This is a sign of her growing self-confidence. She finds forming friendships difficult but because of our work together she has started to build on her relationships with some of her school peers and is starting to understand how friendship works more. Underneath her slightly brusque demeanour is a really nice, caring girl who has a lot to offer and as her confidence grows, she opens up more and more.</p>
<i>What you've enjoyed</i>	<p>I feel that I have been able to make a difference to KP, she is able to talk to me in a safe space and her interpersonal skills are improving. Seeing her smile when she sees me and starting to laugh when we are together gives me great pleasure, she is funny and engaging and I look forward to our meetings.</p>

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<i>Positive outcomes</i>	<ol style="list-style-type: none"><li>1. KP is more able to hold a two-way conversation</li><li>2. KP is more relaxed, smiles and laughs more</li><li>3. KP has realised that there is more to life than a husband and 20 children, she is actively working towards going to university.</li><li>4. KP is developing more self-confidence,</li><li>5.</li></ol>
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